

Mashed Potato Cakes

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These tasty, savory cakes are perfect for breakfast or a mid-day snack. Use whatever kind of mashed potatoes you have on hand for this, whether they are white potatoes, sweet potatoes, and whether they contain apples, spices, or herbs. You can't go wrong!

Ingredients:

2 cups mashed potatoes or sweet potatoes
1 egg, lightly beaten
¼ cup flour
2 tablespoons grated Cheddar or Parmesan cheese
2 tablespoons butter
Sour cream, applesauce, or cranberry sauce, for serving

Directions:

- 1) Preheat oven to 400°F. Lightly grease a baking sheet.
- 2) In a large bowl, combine mashed potatoes, eggs, flour, and cheese. Divide mixture into 6 equal portions, and shape each into a thick patty. Transfer patties to prepared baking sheet. Bake 15 minutes, flip over, and bake an additional 15 minutes. Serve warm with sour cream, applesauce, and/or cranberry sauce.